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Mónika López Anuarbe, Ph.D.

Professor of Economics

Public Health Pathway Core Faculty

<https://www.conncoll.edu/directories/faculty-profiles/monika-lopez-anuarbe/>

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EDUCATION

Ph.D. Economics, *University of Connecticut*. Dissertation: “Intergenerational Transfers in Long Term Care”

M.A. Economics (Licenciatura), *Universidad de Costa Rica*. Thesis: “Effect of the Government’s Checking Account Monopoly Rupture on National Welfare in Costa Rica: An econometric approach.”

B.A. Economics, *Universidad de Costa Rica*

ACADEMIC EXPERIENCE

January 2026-present Michigan Center for Contextual Factors in Alzheimer’s Disease (MCCFAD)
Summer Data Immersion (SDI) Workgroup Co-Lead: “Life Course Economic Context in AD/ADRD Risk and Care”

July 2025-present **(Full) Professor of Economics**

Spring 2025-Fall 2025 **Center for Teaching and Learning Social Sciences Divisional Fellow**

2024-present: **Center for the Critical Study of Race and Ethnicity (CCSRE) Advisory Board**

2014-2024: **Committee on the Status of Women in the Economics Profession (CSWEP, AEA) college/department liaison**

January 2024-December 2025 **Summer Data Immersion Workgroup Co-Lead**: Life course contexts and ADRD. Implications for minority populations. Michigan Center for Contextual Factors in Alzheimer’s Disease (MCCFAD)

August 2023-July 2024 **RCMAR (Resource Centers for Minority Aging Research), NIA (National Institute on Aging), National Institutes of Health (NIH) Research Scientist, Michigan Center for Contextual Factors in Alzheimer’s Disease (MCCFAD)**

July 2022-June 2024 **Chair, Department of Economics**

January 2021-December 2022 **Public Health Pathway Coordinator**

July 2020-June 2022 **Assistant Chair, Department of Economics**

July 2019-June 2022 **Committee on Appointments, Promotion and Tenure (CAPT)**

Fall 2018-June 2025 **Associate Professor of Economics, Connecticut College**: Introduction to Microeconomics (ECO 112), Intermediate Microeconomics (ECO 205), Health Economics (ECO 240), Game Theory (ECO 322), Topics in Health Economics Seminar (ECO 411), Public Health Thematic Inquiry Sophomore Seminar (PBH 201), Public Health Senior Reflection Seminar (PBH 401) =7

- Fall 2011-Spring 2018 **Assistant Professor of Economics, Connecticut College:** Introduction to Microeconomics (ECO 112), Intermediate Microeconomics (ECO 205), Health Economics (ECO 240), Game Theory (ECO 322), Industrial Organization (ECO 336), Topics in Health Economics Senior Seminar (ECO 411) = **6**
- Fall 2010-Spring 2011 **Visiting Assistant Professor, Department of Economics, Connecticut College:** Principles of Macroeconomics (ECO 111), Principles of Microeconomics (ECO 112), Intermediate Microeconomics (ECO 205), Health Care Economics (ECO 240), Industrial Organization (ECO 336) = **5**
- Fall 2006-Spring 2010 **Visiting Instructor, Department of Economics, Connecticut College:** Principles of Macroeconomics (ECO 111), Principles of Microeconomics (ECO 112), Intermediate Microeconomics (ECO 205), Health Care Economics (ECO 240), Industrial Organization (ECO 336) = **5**
- Spring 2006 **Visiting lecturer, Department of Economics, Wesleyan University:** Health Care Economics (ECON 208) and **Visiting lecturer, Department of Economics, Trinity College:** Economics of Health and Health Care (ECON 217) =**2**
- Fall 2003-Fall 2005 **Instructor, University of Connecticut, Avery Point Branch:** Principles of Macroeconomics (ECON 111) and Principles of Microeconomics (ECON 112) =**2**
- Fall 2004 **Visiting lecturer, Department of Economics, Wesleyan University:** Health Care Economics (ECON 208)
- Summer 2003 **Instructor, University of Connecticut, West Hartford branch:** Principles of Macroeconomics (ECON 111)
- 2001- 2002 **Teaching Assistant, University of Connecticut, Storrs:** *Graduate Level:* Mathematical Economics (ECON 415) and Econometrics (ECON 310). *Undergraduate Level:* Principles of Macroeconomics (ECON 111) and Principles of Microeconomics (ECON 112) =**4**

ADDITIONAL EXPERIENCE

- 2026-present **Community Educator**, Alzheimer's Association: Providing accurate information and helpful community resources.
- 2024-present **Consultant**, KDH Consulting, National Institute of Minority Health and Health Disparities. Developing and evaluating Intervention to Help Orient Men to Excel (IN-HOME): a culturally appropriate training program to prepare community health workers (CHWs) to reduce caregiver burden for African American and Latino men informal caregivers.
- 2002-2004 **Consultant** for the UCONN Health Center. "Husky Model." Financial model development for an insurance company that determined the viability of hiring a dental team to provide preventive and diagnostic services to underprivileged children in their respective schools for the state of Connecticut.
- Winter 2002 **Consultant and Translator** CSRA (Center for Survey Research and Analysis) to translate (from Spanish to English) an Injury and Illness Worker's Survey for the Worker's Compensation Institute.
- Summer-Fall 2000 **Research Assistant** CCEA (Connecticut Center for Economic Analysis). Involved in a project for the UCONN Health Center to determine the distribution of dentists by county (shortage and surplus of these professionals) for Wisconsin.
- 1998-1999 **Economist/Analyst** Costa Rican Social Security Administration, Modernization and Planning Division. Tasks included conducting performance analysis and health care center evaluations.

PEER-REVIEWED WORK (n=20)

Professor (n=2)

(20) Kindratt TB, Bouldin ED, **López-Anuarbe M**, Yoshikawa A, Webster NJ. (2025). *Alzheimer's & Dementia*. 2025 Dec;21 Suppl 6(Suppl 6):e106711. doi: 10.1002/alz70860_106711. PMID: 41434708; PMCID: PMC12726484. December 25, 2025. <https://pmc.ncbi.nlm.nih.gov/articles/PMC12726484/>

(19) Pugh, E. Lee, G. Stokes, J.E. Briggs, E., **López-Anuarbe, M**, & Leggett, A. (2025). "Loss, Inflammation, and Cognition: Understanding the Lifecourse Impact of Early Life Parental Disruption. *Social Science & Medicine*, 2025, 118788, ISSN 0277-9536, <https://www.sciencedirect.com/science/article/pii/S0277953625011190?via%3Dihub>

Associate Professor (n=10)

(18) **López-Anuarbe, M.** & Gutiérrez Á. (2024). "Health Care Cost Differences by Geographic Context and Dementia Status for Mexicans and Mexican Americans." *Innovation in Aging*, 2024 Dec 31; 8 (Suppl 1): 16.doi: 10.1093/geroni/igae098.0047. PMCID: PMC11689821.

(17) Yoshikawa, A., Bouldin, E.D., **López-Anuarbe, M.**, Kindratt, T.B., Sylvers, D.L., & Webster, N.H. (2024). "Use of Caregiving Support Services among Diverse Dementia Caregivers by Geographic Context." *The Gerontologist*, Volume 64, Issue 2, February 2024, gnad067, **Published: June, 15 2023** <https://doi.org/10.1093/geront/gnad067>

(16) Gutiérrez Á, **López-Anuarbe M**, Webster NJ, Mahmoudi E. (2024). Rural-Urban Health Care Cost Differences Among Latinx Adults with and Without Dementia in the United States. *J Aging Health*. 2024 Oct;36(9):559-569. doi: 10.1177/08982643231207517. Epub 2023 Oct 29. PMID: 37899581.

(15) **López-Anuarbe, M.** & Gutiérrez Á. (2023). The Health Care Costs of Dementia for Mexicans and Mexican Americans in México and the United States. *Innovation in Aging*, 7, 2023 Dec 21;7(Suppl 1):37. PMCID: PMC10735350. **First published online: December 21, 2023** <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10735350/>

(14) Kindratt, T.B., Sylvers, D.L., Yoshikawa, A., **López-Anuarbe, M.**, Webster, N.H., & Bouldin, E.D. (2023). "Dementia Caregiving Experiences and Health by Race and Ethnicity." *The Journals of Gerontology: Series B, Psychological Sciences and Social Sciences*, 78, Issue Supplement 1, February 2023, pp. S48-S58. **Published: March 13, 2023** <https://doi.org/10.1093/geronb/gbac182>

(13) Yoshikawa, A., Bouldin, E.D., **López-Anuarbe, M.**, Kindratt, T.B., Sylvers, D.L., & Webster, N.H. (2022). "Resources and Experiences among Diverse Dementia Caregivers by Geographic Context." *Innovation in Aging*, 6, No. S1, p. 555. **December 20, 2022.** <https://doi.org/10.1093/geroni/igac059.2099>

(12) **López-Anuarbe, M.**, Shugrue, N., Baker, K., and Robison, J. (2022). "Hispanic Caregivers of the Money Follows the Person Program in Connecticut: Satisfaction, Familism, and Burden." *Hispanic Journal of Behavioral Sciences*, 44 (1). Published online on **July 12, 2022.** <https://doi.org/10.1177/07399863221109017>

(11) Kalenkoski, C., **López-Anuarbe, M.**, & Korankye, T. (2022). "Differences in the Experiential Well-Being of Hispanics and Non-Hispanics Engaged in Elder Care." *Journal of Family and Economic Issues* 43, 128-37. Published online on **April 26, 2021.** <https://doi.org/10.1007/s10834-021-09763-7>.

(10) Kindratt, T., Sylvers, D., Yoshikawa, A., **López Anuarbe, M.**, Webster, N., & Bouldin, E. (2021). ADRD Caregiving Experiences and Health by Race, Ethnicity and Care Recipient Geographic Context. *Innovation in Aging*, 5, No. S1, p. 999. **December 17, 2021.** https://academic.oup.com/innovateage/article/5/Supplement_1/990/6468206

(9) **López Anuarbe, M.**, & Kohli, P. (2019). Understanding Male Caregivers' Emotional, Financial, and Physical Burden in the United States. *Healthcare* 7(72); doi:10.3390/healthcare70200727, 1-18. Published online on **May 22, 2019.** <https://www.mdpi.com/2227-9032/7/2/72/htm>

Assistant Professor (n=6)

- (8) Cruz-Saco, M., & **López Anuarbe, M.** (2017). "Ageing and Long-Term Care Planning Perceptions of Hispanics in the USA: Evidence from a Case Study in New London, Connecticut." *Ageing International* 42(4):488–503. **December, 2017**
- (7) **López Anuarbe, M.**, Cruz-Saco, M., & Bennett, J. (2017). "The Challenges and Rewards of Creating an Aging Website for New London, Connecticut." *Collaborations: A Journal of Community-Based Research and Practice* 1(1), 1-24. **October, 2017**
- (6) Park, Y., Cruz-Saco, M., & **López Anuarbe, M.** (2017). "Understanding the Remittance Gender Gap among Hispanics in the U.S.: Gendered norms and role of expectations." *Feminist Economics* 23(2), 172-199.
- (5) **López Anuarbe, M.**, Cruz-Saco, M., & Park, Y. (2016). "More than Altruism: Cultural norms and remittances among Hispanics in the U.S." *Journal of International Migration and Integration*, 17(2): 539-567.
- (4) **López Anuarbe, M.** (2013). "Intergenerational Transfers in the Long-Term Care Market." *Review of Economics of the Household*, 11(2), 235-258.
- (3) Cruz-Saco, M., & **López Anuarbe, M.** (2013). "Familism and Social Inclusion: Hispanics in New London, CT." *Social Inclusion*, 1 (2), 113-125.

Graduate Student (n=2)

- (2) **López Anuarbe, M.** (2007). "Asset Divestment and Spend-Down in the Market for Long-Term Care." *Long-Term Care Interface Journal*, September/October, 8(5), 24-27.
- (1) Beazoglou, T., Heffley, D., Lepowsky, D., **López Anuarbe, M.** & Bailit, H. (2005). "The Dental Safety-Net in Connecticut." *Journal of the American Dental Association*, 136 (10), 1457-1462.

WORKING PAPERS AND PROJECTS (n=10)

Accepted (n=1)

Stokes, J.E.; Pugh, E.; Briggs, E.; Lee, G.; Leggett, A., and **López Anuarbe, M. (senior author)**. (2025). "The Long Arm of Divorce and Death: Loss, Loneliness, and Memory in Mid and Later Life."
STATUS: *Journal of Alzheimer's Disease*. Accepted for publication on September 15, 2025.

Under Review (n=5)

Bouldin, E., Kindratt, T., **López Anuarbe, M.**, Webster, N., & Yoshikawa, A. (2025). Modifiable ADRD risk factors among family caregivers in the United States: Results from the 2021-2023 Behavioral Risk Factor Surveillance System.
STATUS: Submitted a manuscript to *Innovation in Aging* (IA-2025-760) on **December 9, 2025**.

Dong, F., Marshall, J., and **López Anuarbe, M.** "Integrating Public Health into Economic Recovery during COVID-19 in the United States: A county approach."
STATUS: ASHEcon (American Society of Health Economists) abstract submission ID Number: 18686. **December 9, 2025**.

Kindratt, T., Sylvers, D., Bouldin, E., **López Anuarbe, M.**, Webster, N., & Yoshikawa, A. Modifiable dementia risk factors for dementia caregivers, non-dementia caregivers and non-caregivers using secondary data analysis.
STATUS: Re-submitted an R01 National Institutes of Health (NIH) grant proposal on **November 4, 2025**. **Grants.gov Tracking Number: GRANT14539793**

Kindratt, TB, Brannon, G, **Lopez Anuarbe, M.** The economic impact of Alzheimer's disease and related dementias risk factors and role of patient-centered care on medical expenditures among adults in the United States. NBER READ grant proposal.
STATUS: Submitted on September 10, 2025. Not funded (November 24, 2025)

Wilson, P.D. & **López Anuarbe, M.** “Solving Maltreatment: Where Government Meets the Consumer.” Administration for Community Living, Administration on Aging. Elder Justice Innovation Grant # HHS-2025-ACL-AOA-EJIG-0023.
STATUS: Submitted a grant proposal on **August 7, 2025**.

In Progress (n=4)

López Anuarbe, M. & Gutiérrez, Á. The Healthcare Costs of Dementia for Mexicans and Mexican Americans in México and the United States.
Won \$30,000 NIH/NIA subaward grant with the Michigan Center on Contextual Factors in Alzheimer’s Disease (MCCFAD).
STATUS: Ongoing. Generating a manuscript: tables and results write-up for *The Gerontologist* by **December 31, 2025**.

September 2024-December 2025: **Funded grant R44MD01824** = Phase II Small Business Innovation Research (SBIR) proposal with **KDHRC** for the **National Institutes of Health (NIH)** and **National Institute on Minority Health and Health Disparities (NIMHD)** to develop and evaluate Intervention to Help Orient Men to Excel (IN-HOME), a culturally appropriate training program to prepare community health workers (CHWs) to reduce caregiver burden for African American and Latino men informal caregivers.
STATUS: Ongoing. Funded in September 2024. Reviewed Deliverable #2: IN-HOME Course Content Scripts: Course Lessons 1-8 for Black and Hispanic male caregivers submitted on **October 27, 2025**.

Gutiérrez, Á., Mahmoudi, E., **López Anuarbe, M.**, and Webster, N. Rural-Urban Differences in the Reciprocal Relationships Between Loneliness, Social Isolation, and Cognitive Function among African Americans and Latinx Adults in the U.S.
STATUS: Ongoing. Generating descriptive statistics and do-files for baseline year.

Roche-Dean, M.V. & **López Anuarbe, M.** Emotional and Financial Well-being of Long-Term Care Dementia Care Workers using the National Dementia Workforce Study (NDWS).
STATUS: Initial. Selected a theoretical framework and will generate a data dictionary with chosen variables.

PRESENTATIONS

Selected Professional Conferences (n=29)

Full Professor (n=3)

February 2026: MCCFAD Research Scientist Seminar Series. *Healthcare Spending for Mexicans and Mexican Americans in México and the United States by Geographic Context and Cognitive Status*. Virtual presentation. **February 5, 2026**.

November 2025: American Society on Aging (ASA) live workshop. Economics of Caregiving: Understanding Costs, Inequities and Solutions. <https://asaging.org/event/economics-of-caregiving-understanding-costs-inequities-and-solutions/> **November 6, 2025**.

July 2025: “Modifiable ADRD risk factors among family caregivers in the United States: Results from the 2021-2023 Behavioral Risk Factor Surveillance System.” Tiffany B. Kindratt (poster presenter), Erin D. Bouldin, **Mónika López-Anuarbe**, Aya Yoshikawa, Noah J. Webster. AAIC (Alzheimer’s Association International Conference) Annual Conference, Toronto, Canada. **July 27-31, 2025**.

Associate Professor (n=16)

November 2024: "Health Care Cost Differences by Geographic Context and Dementia Status for Mexicans and Mexican Americans." Michigan Center on Contextual Factors in Alzheimer’s Disease (MCCFAD) symposium. **NIH/NIA/RCMAR Grant Progress Presenter**. Gerontological Society of America Annual Scientific Meeting. **November 13**, Seattle, WA. Symposium: “ADRD in Context: Social, Neighborhood and National Influences.”

October 2024: **MCUAAAR/MCCFAD Joint Orientation and Symposium**. “Health Care Cost Differences by Geographic Context and Dementia Status for Mexicans and Mexican Americans” **October 2**, via Zoom.

June 2024: **Resource Centers for Minority Aging Research (RCMAR) Annual Conference.** “Cross-National Health Spending Differences for Mexicans and Mexican Americans by Rurality and Dementia Status.” **NIH/NIA Grant Progress Report/Data Blitz Presentation. June 27, Arlington, VA.**

May 2024: Stokes, J., **Presenters:** Pugh, E., Briggs, E., Lee, G., Leggett, A., **López Anuarbe, M. (senior author)** “The Long Arm of Divorce and Death: Loss, Loneliness, and Memory in Mid and Later Life.” *Michigan Center for Contextual Factors in Alzheimer’s Disease* (MCCFAD), University of Michigan, Ann Arbor, MI. **May 23, 2024.**

November 2023: **Economics of Aging Interest Group Symposium Presenter:** “The Economic Healthcare Costs of Alzheimer’s Disease and Related Dementias (ADRD) for Mexicans and Mexican Americans in México and the United States.” Abstract ID: 1497998. Session title: “Economics of Long-Term Services and Supports: Production, Demand, and Costs” 2023 Gerontological Society of America (GSA), Tampa, FL. **November 8, 2023.**

October 2023: “Alzheimer’s Disease and Related Dementias Caregiving Experiences, Health, and Support Services Use Among Diverse Caregivers Living in Urban and Rural Areas.” Second Rural Health Nursing Conference, University of Texas at Arlington. **October 5, 2023. Poster Presenter:** Tiffany B. Kindratt.

June 2023: **Hispanic Health Disparities Panel Session Presenter:** Urban-Rural Healthcare Cost Differences among Latinxs with and without Dementia in the United States: Implications for Resilience. Session Title: ID #4794: Hispanic Health Disparities, *American Society for Health Economists* (ASHEcon) 12th Meeting. Saint Louis, MO, **June 13, 2023.**

November 2022: **Session Presenter:** Money Follows the Person Program and Hispanic Caregivers (Presidential Session: Health Disparities and Hispanic Health Issues). *Southern Economic Association* (SEA), 92nd Annual Meeting, Fort Lauderdale, FL. **November 21, 2022.**

November 2022: Resources and Experiences among Diverse Dementia Caregivers by Geographic Context. *Gerontological Society of America (GSA) 2022 Annual Scientific Meeting.* Indianapolis, IN. **Poster presenter:** Aya Yoshikawa. Research was supported by the National Institute on Aging of the National Institutes of Health under Award Number P30 AG059300. **November 3, 2022.**

September 2022: “Urban-Rural Healthcare Cost Differences among Latinxs with and without Dementia in the United States.” Accepted abstract for the *International Conference on Active Aging* (ICAA), Chicago, IL, **September 1, 2022. Session Presenter:** Ángela Gutiérrez

May 2022: Gutiérrez, A., López Anuarbe, M., Webster, N., and Mahmoudi, E. “Urban-Rural Healthcare Cost Differences among Latinxs with and without Dementia in the United States.” *Michigan Center for Contextual Factors in Alzheimer’s Disease* (MCCFAD), University of Michigan, Ann Arbor, MI. **May 26, 2022.**

November 2021: **Virtual Poster Presenter:** The ADRD Caregiving Experiences and Health by Race, Ethnicity and Care Recipient Geographic Context. *Gerontological Society of America (GSA) 2021 Annual Scientific Meeting.* **November 10, 2021. Poster presenter:** Tiffany Kindratt.

June 2021: **Virtual Presenter:** “ADRD (Alzheimer’s Disease and Related Dementia) Caregiving Across Geographic Contexts and Race/Ethnicity.” *Michigan Center for Contextual Factors in Alzheimer’s Disease* (MCCFAD) Summer Data Immersion Workshop. **June 16, 2021.**

November 2020: **Virtual Session Presenter:** “Differences in the Experiential Well-being of Hispanics and Non-Hispanics Engaged in Elder Care.” *Southern Economic Association*, New Orleans, LA. Project was also (virtually) presented by coauthors in **May 2021** (Thomas Korankye at the Society of Household Economics conference) and **June 2021** (Charlene Kalenkoski at the American Time Use Survey conference). **November 22, 2020.**

November 2019: **Session Presenter and Panel Chair:** “Understanding the emotional, financial, and physical burden of Hispanic caregivers in the U.S.” Panel: *Latinx. New England Council of Latin American Studies* (NECLAS). U.S. Coast Guard Academy, **November 2, 2019.**

November 2018: **Poster Presentation:** “Understanding Male Caregiver Burden in the United States: A National Study” *Gerontological Society of America (GSA) Scientific Meeting*, Boston, MA, **November 15, 2018.**

Assistant Professor (n=10)

June 2017: **Session Presenter:** “Increasing Support for Male Caregivers in the US: A national study.” *Society of Economics of the Household (SEHO)*. San Diego City College, San Diego, CA, June 26, 2017.

June 2017: **Session Discussant:** “How Do the Adult Care Responsibilities of Older Americans Affect Their Wellbeing?” Presenter: Charlene Kalenkoski, Texas Tech University. *Society of Economics of the Household (SEHO)*. San Diego City College, San Diego, CA, June 26, 2017.

November 2016: **Session Chair:** “Challenges of Social Protection Systems: Migrants, Domestic Servants, and Independent Workers.” *New England Council of Latin American Studies (NECLAS)*. Trinity College, November 12, 2016.

November 2015: **Session Presenter:** “The Good, the Bad, and the Ugly of Community Engagement Projects: Creating an aging website for New London, Connecticut.” *New England Council of Latin American Studies (NECLAS)*. Tufts University, November 7, 2015.

February 2015: **Session Discussant:** “Reference Dependent Utility from Health and the Demand for Medical Care,” by Matthew Harris and Jennifer Kohn (presenter). *Eastern Economics Association*. New York, NY. February 28th, 2015.

November 2014: **Session Organizer and Chair:** “Aging, Planning, and Familism among Hispanics: A Case Study in New London, Connecticut.” *New England Council of Latin American Studies (NECLAS)*. Connecticut College, November 8, 2014.

September 2014: **Session Presenter:** “Understanding the Remittance Gender Gap among Hispanics in the U.S.: Gendered norms and expectations.” *Liberal Arts Colleges Development Economics Conference (LAC-DEV)*, Colgate University, September 26th, 2014.

May 2013: **Session Presenter:** “Role of Familism on Hispanic Remittance Behavior”. *Eastern Economic Association*, 39th Annual Conference, Manhattan, NY, May 10th, 2013.

November 2012: **Session Presenter:** “Hispanic Familism: A Relevant Variable in Remittance Behavior.” *New England Council of Latin American Studies (NECLAS)* Annual Conference, Yale University, New Haven, CT. November 3rd, 2012.

October 2012: **Session Presenter:** “Hispanic Familism: A Relevant Variable in Remittance Behavior.” *AIBNE Annual Conference*, Sacred Heart University, Fairfield, CT. October 12th, 2012.

Media Hits, Interviews, Other Publications and Public Events (n=36)

Associate Professor (n=31)

December 2024: Interviewed by Susan Raff (Channel 3 WFSB) on the assassination of Brian Thompson, former CEO of UnitedHealthcare. CT2024, December 15, 2024. <https://www.wfsb.com/video/2024/12/15/ct-24-ceos-death-vigilante-justice/>

October 2024: [What Kamala Harris’s Medicare Plan Means for the ‘Sandwich Generation’](#), by Sughnen Yongo. Forbes, October 19, 2024.

September 2024: [Guide to Aging at Home Safely and Comfortably](#), by Nathan Paulus. moneygeek Senior Care Expert, September 25, 2024.

September 2024: [Financial Planning For The Best Senior Care](#), by Nathan Paulus. moneygeek Senior Care Expert, September 25, 2024.

August 2024: “5 Books to Make Caregiving a Little More Manageable.” Hope Reese, New York Times.

https://www.nytimes.com/2024/08/19/well/family/books-caregivers.html?unlocked_article_code=1.EU4.imPb.7_jCAR21vQ6S&smid=url-share. August 19, 2024

July 2024: “I’m an Economist: How a Biden Reelection would Impact the Tax Burden on the Poor.” Jamela Adam, Nasdaq Personal Finance. <https://www.nasdaq.com/articles/im-economist-how-biden-reelection-would-impact-tax-burden-poor>. July 20, 2024.

July 2023: Men as Family Caregivers Engagement Meeting, KDHR Research & Communication and In-Home Intervention to Help Orient Men to Excel. Invited **expert collaborator** to brainstorm solutions and strategies to provide male caregivers with caregiver resources and support. July 27, 2023 via Zoom. <https://www.youtube.com/watch?v=M-sutGVtYrA>

November 2022: “So hat#MeToo die Arbeitswelt verändert. NZZ am Sonntag, Wirtschaft.” Andreas Mink, p. 35. November 26, 2022. <https://magazin.nzz.ch/wirtschaft/so-hat-metoo-die-arbeitswelt-veraendert-ld.1714215?reduced=true>

July 2022: “Legal scholars consider implications of SCOTUS ruling on abortion, guns.” The Day, New London. Sten Spinella. July 6, 2022. <https://www.theday.com/article/20220706/NWS12/220709655>

June/July 2022: “Similarities and differences between male and female caregivers.” Brain & Life magazine, American Academy of Neurology. Paul Wynn. <https://www.brainandlife.org/articles/male-caregivers-share-experiences-unique-challenges>

June 2022: “Implications of Overturning Roe v Wade and the Implementation of the CT Public Act 22-19.” Fox 61 News. Julia LeBlanc. June 30, 2022.

July 2021: “Getting Results in Your Career: How to Win as the Underdog. Confidence Conversations, with Jocelyn Reaves:” cultivatingconfidencedaily.com. Interviewed: July 14, 2021. Live: September 20, 2021.

YouTube clip: <https://www.youtube.com/watch?v=xFGb2EV5E0E>

Spotify: <https://open.spotify.com/show/2y5yd1idcvCd07bOqmEkmh>

Apple Podcasts: <https://podcasts.apple.com/.../dont-count.../id1569624228...>

June 2021: “Understanding Hispanic Caregivers and their Well-being.” *The Caregiving Generation*, with Pamela D. Wilson: <https://pameladwilson.com/caring-for-dad-widowed-divorced-caring-for-mom-not-around-anymore-video-the-caring-generation-podcasts-radio-program/> June 17, 2021.

TCG on Apple Podcasts: <https://podcasts.apple.com/us/podcast/the-caring-generation/id1477724797>

TCG on Google Podcasts: https://play.google.com/store/apps/details?id=com.spreaker.custom.prod.app_55803&hl=en_US

TCG on Spreaker Podcast: <https://www.spreaker.com/show/the-caring-generation>

April 2021: “Understanding the COVID-19 Global Pandemic: A Public Health Conversation with Pr. Mónica López Anuarbe,” by Nouhaila Oudija ’21. *The Economist*, Issue 2, April 2021.

March 2021. “Not eligible for a COVID-19 vaccine? Connecticut residents –in line or not—turn to social media in hunt for available doses,” by Emily Brindley. *Hartford Courant*, March 7, 2021: <https://www.courant.com/coronavirus/hc-news-coronavirus-hunters-searching-for-vaccines-20210308-wammvfmdyjbgoifkfl4u2ir4m-story.html>

March 2021. JOT: Just One Thing: “Professor Mónica López-Anuarbe lends her expertise to Connecticut’s COVID-19 vaccine rollout,” by Amy Martin, Senior Writer and Editor, Connecticut College. March 5, 2021: https://www.conncoll.edu/news/news-archive/2021/lopez-anuarbe-on-vaccine-rollout/?fbclid=IwAR1b7Tss955SqGmahZlmqQt_HUk5AiokUcbtShQLxEapAptfk7MIonSlqs

February 2021. “Connecticut’s new COVID-19 vaccine plan is meant to prioritize speed and equity. But experts are divided on whether the new strategy will accomplish those goals,” by Alex Putterman and Emily Brindley, *Hartford Courant*, February 25, 2021: <https://www.courant.com/coronavirus/hc-news-coronavirus-vaccine-plan-lamont-speed-equity-20210225-ysjchpznlfap5busfxpampifki-story.html>

February 2021. Post about my new role as a Public Health pathway coordinator and role in the CT-COVID-19 Higher Education Resilience Working Group & ESF-15 Vaccination Messaging Committee:

Facebook: <https://www.facebook.com/ConnecticutCollege/photos/a.91789015939/10157614734815940>

Twitter: <https://twitter.com/ConnCollege/status/1362382112486281217>

Fall/Winter 2020: "Men Who Care. More Men Are Taking on the Tough Job of Caregiving," by Timothy Gower. *Arthritis Today*. Health & Wellness, p. 56. <https://www.arthritis.org/arthritis-today-magazine>

October 2020: **Presenter:** "COVID-19 and Health Disparities: What we know and what we don't." Fall Weekend, Connecticut College. October 2, 2020. https://www.youtube.com/watch?v=9HAerQPh7w&feature=emb_title

Also featured on *The Day*: <https://www.theday.com/local-news/20201003/talks-of-covid-19-elections-state-of-connecticut-college-move-online-for-fall-weekend>

July 2020: "On Male Caregivers." Internet Radio Interview for The Caring Generation, with Pamela D. Wilson. July 8th, 2020. <https://pameladwilson.com/can-i-refuse-to-care-for-elderly-parents-i-hate-my-parents-adult-children-caregivers-the-caring-generation-radio-program/>

June 2020: "Health, economic disparities and their impact on the COVID-19 pandemic." The Storyline podcast, with Sten Spinella, The Day, New London, CT. June 18th, 2020. <https://www.theday.com/podcasts-by-the-day/20200618/health-economic-disparities-and-their-impact-on-covid-19-pandemic>

June 2020: "The Mental Health Impacts of Being a Male Family Caregiver." Phone interview with Margot Carmichael Lester, brand journalist for Phillips Healthcare. June 15th, 2020. https://www.lifeline.philips.com/resources/blog/2014/10/the-mental-health-risks-of-being-a-male-caregiver.html?utm_campaign=5647&fbclid=IwAR3f0D63A4c9qRW5trZs_JRjKF9zAVPPbmkJtPQIfvXSBMT7UV3_7aO6X5U

May 2020: "Big Brother Wants to Take Your Temperature." Zoom interview with Jordan Fenster for Exit 43 podcast on healthcare information during the COVID-19 pandemic. May 5th, 2020. <https://soundcloud.com/exit43/big-brother-wants-to-take-your-temperature>

January 2020: "What are the most critical areas in need of reform in the healthcare industry?" (Minque=1-minute questions). Video for a platform between experts (usually scholars) and students/learners/professors. <https://minque.co/expert-video-feed>

November 2019: "Men as Family Caregivers." Recorded podcast for Front Door, MyPlaceCT.org: https://www.myplacect.org/learn/blog-and-podcast/blog-and-podcast/men-as-family-caregivers/?fbclid=IwAR0XH2EP4mrARCOG3HFjwao00BbAsspUgC_aeIdbeZ1vxMwSJEZjC-aLRo

October 2019: "Our Silent Caregivers." Post for *Public Health Post*, Boston University, October 23rd, 2019: <https://www.publichealthpost.org/research/our-silent-caregivers/>

July 2019: "Why we are who we are." Presentation for the BRILLA Program, for selected Hispanic female students completing their 10th grade of high school which promotes strategic thinking about post-secondary education. Co-presented with Ariella Rotramel, (then) Assistant Professor of Gender and Women Studies. Hispanic Alliance of Southeastern Connecticut. New London, CT. July 22, 2019.

May 2019: "In the Care of Others", by Amy Martin: <https://www.conncoll.edu/news/cc-magazine/summer-2019/in-the-care-of-others/>

February 2019: MyPlaceCT.org. 2019-present. Consulting services to update and complete CT website on family caregivers and support services. www.myplaceCT.org.

January 2019: "The Changing Face of Caregiving", by Kevyn Burger: <https://strianews.com/the-changing-face-of-family-caregiving/>

Assistant Professor (n=5)

December 2017: "Conn Professors Develop Site for New London Hispanic Seniors and Caregivers", by Martha Shanahan. *The Day*, December 11, 2017.

November 2016. "What if Trump Wins? Expert Predictions for your Wallet". WalletHub media appearance. <https://wallethub.com/blog/if-trump-wins/28763/#m-nika-l-pezu-anuarbe>

November 2016. "What if Hillary Wins? Expert Predictions for your Wallet". WalletHub media appearance. <https://wallethub.com/blog/if-hillary-wins/28761/#m-nika-l-pezu-anuarbe>

May 2016. "Intergenerational transfers and caring for families in the United States and abroad." University of Connecticut Economics Alumni Forum. Storrs, CT, May 5th, 2016.

October 2011. "Caregiving for our Elderly in Spain and Costa Rica." The Heights at Avery Heights, Hartford, CT. October 27th, 2011.

REVIEWED ARTICLES AND BOOKS (n=32)

Full Professor (n=2)

(1) *Innovation in Aging*: 2025 (2)

Associate Professor (n=20)

(1) *Journal of Medical Internet Research*: 2024 (1)

(2) *European Journal of Ageing*: 2024 (2)

(3) *Journal of Applied Gerontology*: 2025(1), 2024 (2), 2022 (2), 2021 (4), 2020 (1), 2019 (2) =12

(4) *Journal of Aging and Health*: 2023 (1)

(5) *Journal of Financial Counseling and Planning*: 2021 (2)

(6) *Economics and Human Biology*: 2018 (1)

(7) *Review of Economics of the Household*: 2018 (1)

Assistant Professor (n=8)

(1) *Review of Economics of the Household*: 2015 (1), 2013 (1), 2012 (1) =3

(2) *Women's Reproductive Health*: 2017 (1), 2016 (1) =2

(3) *Research on Aging*: 2014 (2)

(4) Drake, J.K., Jordan, P., & Miller, M.A. (2013). *Academic Advising Approaches: Strategies that teach students to make the most of college*. The Global Community for Academic Advising, Jersey-Bass, Wiley: 2014.

Visiting Assistant Professor (n=2)

(1) Getzen, T. (2011). *Health Economics and Financing*. 4th Edition, Wiley and Sons Inc.: 2011.

(2) Mateer, D., & Coppock, L. (2011). *Principles of Economics*. 2nd Edition, Norton Publishing Co.: 2011

AWARDS, GRANT PROPOSALS, AND HONORS (n=36)

External (n=15)

Professor (n=3)

Kindratt, T., Sylvers, D., Bouldin, E., **López Anuarbe, M.**, Webster, N., & Yoshikawa, A. Modifiable dementia risk factors for dementia caregivers, non-dementia caregivers and non-caregivers using secondary data analysis.

STATUS: Re-submitted an R01 National Institutes of Health (NIH) grant proposal on **November 4, 2025. Grants.gov**

Tracking Number: GRANT14539793

Kindratt, TB, Kindratt, PhD, Brannon, G, **Lopez Anuarbe, M.** The economic impact of Alzheimer's disease and related dementias risk factors and role of patient-centered care on medical expenditures among adults in the United States. NBER READ grant proposal.

STATUS: Submitted on September 10, 2025.

Wilson, P.D. & **López Anuarbe, M.** “Solving Maltreatment: Where Government Meets the Consumer.” Administration for Community Living, Administration on Aging. Elder Justice Innovation Grant # HHS-2025-ACL-AOA-EJIG-0023.

STATUS: Submitted on August 7, 2025.

Associate Professor (n=9)

Kindratt, T., Sylvers, D., Bouldin, E., **López Anuarbe, M.**, Webster, N., & Yoshikawa, A. Modifiable dementia risk factors for dementia caregivers, non-dementia caregivers and non-caregivers using secondary data analysis.

STATUS: Submitted an R01 National Institutes of Health (NIH) grant proposal on **November 12, 2024. Not funded.**

September 2024: **Funded grant=** Phase II Small Business Innovation Research (SBIR) proposal with KDHC for the **National Institutes of Health (NIH) and National Institute on Minority Health and Health Disparities (NIMHD)** to develop and evaluate Intervention to Help Orient Men to Excel (IN-HOME), a culturally appropriate training program to prepare community health workers (CHWs) to reduce caregiver burden for African American and Latino men informal caregivers. **R44MD01824**

May 2024: **Michigan Center for Contextual Factors in Alzheimer's Disease (MCCFAD) (In-person) Summer Data Immersion Program (SDI), University of Michigan.** May 20-23, 2024. Invited to co-lead a research project: The Effect of Family History on Life Course Contexts and Alzheimer's Disease and Related Dementias using the Health and Retirement Study (HRS) Life History Data Resources.

October 2023: **American Society of Hispanic Economists (ASHE), American Economic Association (AEA):** Featured as one of the 2023 Hispanic Economists during Hispanic Heritage Month. October 13, 2023.

https://twitter.com/ASHE_ASSA/status/1712895948790092094?&fix50c8YQCD1QTMzKrKeDg&s=19

August 2023: **Funded grant= National Institute on Aging (NIA), RCMAR (Resource Centers for Minority Aging Research): \$30,000** subaward grant with the **Michigan Center on Contextual Factors in Alzheimer's Disease (MCCFAD).** The Healthcare Costs of Dementia for Mexicans and Mexican Americans in México and the United States. **Grant number NIA U01AG009740**

July 2022: **Inter-University Consortium for Political and Social Research (ICPSR) (Virtual) Summer Data Immersion Program (SDI), University of Michigan.** July 19-21, 2022. National and international competitive research workshop. Exploring the National Longitudinal Survey of Public Health Systems (NALSYS). Funded by the Robert Wood Johnson Foundation.

May 2022: **Michigan Center for Contextual Factors in Alzheimer's Disease (MCCFAD) (In-person) Summer Data Immersion Program (SDI), University of Michigan.** May 22-27, 2022. Nationally competitive research workshop. The Costs of Alzheimer's Disease and Related Dementias. Health and Retirement Study (HRS).

June 2021: **Michigan Center for Contextual Factors in Alzheimer's Disease (MCCFAD) (Virtual) Summer Data Immersion Program (SDI), University of Michigan.** June 7-16, 2021. Nationally competitive research workshop. Racial, Ethnic, and Geographic Contexts in Alzheimer's Caregiving. National Health and Aging Trends (NHATS) & National Study of Caregiving (NSOC).

July 2018: **Robert Wood Johnson Foundation New Connections Sponsored Scholar:** Awarded \$2,400 for methodological support at the ICPSR Summer Program Workshop: "Multilevel and Mixed Models Using Stata." July 30-August 1, University of Michigan, Ann Arbor, MI.

Assistant Professor (n=3)

June 2017: **Robert Wood Johnson Foundation New Connections Eleventh Bi-Annual Symposium Attendant:** This symposium aims to increase the visibility and enhance the skills of early-career scholars and researchers from historically underrepresented groups and discuss practical measures of state healthcare reform. University of Massachusetts, Boston. July 12-13, 2017. Complimentary travel expenses. Competitive (nationwide) application process.

April 2016: **American Society of Health Economists (ASHEcon)** \$1,000 travel fellowship to attend the 6th Biennial ASHE conference on June 12-15. Philadelphia, Pennsylvania. Competitive (nationwide) application process.

Fall 2013: **CeMENT Workshop Recipient.** American Economic Association, CSWEP (Committee of the Status of Women in the Economics Profession). November, 2013. Competitive (nationwide) application process.

Connecticut College (n=24)

Professor (n=1)

Fall 2025: **RF Johnson funds (\$1,850).** Gerontological Society of America (GSA), Boston, MA. November 13-15.

Associate Professor (n=12)

Fall 2024: **RF Johnson funds (\$2,000).** Gerontological Society of America (GSA), Seattle, WA. November 12-16. **MCCFAD Grant Progress Presenter.** November 13, 2024.

May 2024: **King Teaching Award Recipient (\$2,500).** This award recognizes the high standard of teaching excellence and concern for students exemplified in the career of John King, Professor of German at Connecticut College. The award is given to an outstanding and highly-regarded teacher and member of the faculty. https://www.conncoll.edu/news/news-archive/2024/faculty-awards/?fbclid=IwZXh0bgNhZW0CMTAAR2Z4yQFtTP9Uzj4KPOmRU2cQV6V54m7Gm_K9PPg3IHpV9W_XKtfAjMhU_aem_yothIHBxQivd2QSIHRFn6A

Spring 2024: **RF Johnson funds (\$1,600).** Michigan Center for Contextual Factors in Alzheimer's Disease (MCCFAD), May 20-23, 2024. Resource Centers for Minority Aging Research (RCMAR) Annual Conference. **NIH/NIA Grant Progress Presenter.** June 26-28, Arlington, VA.

2023: King Teaching Award Nominee

Fall 2023: **RF Johnson funds (\$1,600).** Gerontological Society of America (GSA), Tampa, FL. November 7-11.

Spring 2023: **RF Johnson funds (\$1,600).** American Society of Health Economists (ASHEcon), St. Louis, MO. June 11-14.

Fall 2022: **RF Johnson funds (\$1,500)** SEA, Fort Lauderdale, FL. November 19-21.

Spring 2022: **RF Johnson funds (\$1,000)** MCCFAD, University of Michigan, Ann Arbor, MI. May 22-27

Fall 2021: **RF Johnson funds (\$746)** GSA (November poster presentation and conference)

Summer 2021: **National Center for Faculty Development and Diversity (NCFDD) Faculty Success Program. \$4,250.** Competitive application, sponsored by Connecticut College. May 16-August 7, 2021.

Fall 2020: **RF Johnson Funds (\$475)** to present at the 91st Southern Economic Association virtual meeting on Hispanic and non-Hispanic caregiver well-being differences.

Fall 2018: **RF Johnson Funds (\$1,200)** to present at the Gerontological Society of America's 70th annual scientific meeting on the emotional, financial, and physical burden of male caregivers in the United States.

Winter 2018: **Research Matters Award (\$1,700)** grant from Connecticut College to pursue our work on finalizing a webpage for the New London community on aging and for caregivers.

Assistant Professor (n=10)

April 2017: **Helen Mulvey Faculty Award for Fostering Student Achievement Recipient (\$1,500).** College teaching award annually granted to one untenured faculty member who is recognized for challenging and supporting their students to meet their maximum potential. Also nominated in 2014, 2015, and 2016.

2014, 2015, 2016: **Helen Mulvey Faculty Award for Fostering Student Achievement Nominee**

June 2015-June 2016: **Holleran Center's Community Learning and Engaged Scholarship Seminar** selected participant.

2015: **Hickey Teaching Prize in Economics:** awarded to the best Economics professor of the year.

Spring 2013: **Center for the Comparative Study of Race and Ethnicity (CCSRE).** \$400 award to write two papers about the aging website we are currently developing for Hispanic New London residents.

Summer 2012 and Summer 2013: **Opatrny Research Fund. \$2,000** each year to advance my research agenda as an assistant professor.

Summer 2012: **Margaret Sheridan Community-Learning Grant. \$2,000** award from the Holleran Center for community action and public policy (Connecticut College) to create a website for the community on long-term care and aging issues.

Spring 2012: **International Curriculum Development Award. \$12,000** award from Connecticut College to integrate Latin American, Caribbean, and Latino Studies into the Curriculum. Proposal co-written with Leo Garofalo et al.

Spring 2012: **Research Matters Award. \$2,000** grant from Connecticut College pursue our work on New London Hispanics and their views on aging and planning.

Visiting Assistant Professor (n=1)

Fall 2011: **President's Fund for Faculty-Student Engagement. \$500** grant from Connecticut College to conduct six focus groups in New London, CT, and find out about Hispanics' aging and planning concerns.

SELECTED COLLEGE TALKS AND EVENTS (since 2011; n=22)

Professor (n=1)

October 2025. Lost Lear Discussed: **Panel member.** Economic, Emotional and Psychological Implications of Living with Dementia and of Caring for Someone with Dementia. Connecticut College, October 29, 2025.

Associate Professor (n=15)

February 2025: **Moderator.** “From the Grassroots: [Un]Freedom and Community Advocacy.” Connecticut College, February 10, 2025.

February 2025: **Presenter.** Faculty@Work. “My Road to Studying Brain Health Equity: A personal and professional path.” Connecticut College, February 10, 2025.

August 2024: **Convocation Keynote Speaker.** “[The Courage of Caring](#).” Connecticut College, August 26, 2024.

October 2020: **Virtual presenter.** “COVID-19 and Health Disparities: What we know and what we don’t.” Fall Weekend, Connecticut College. October 2, 2020. https://www.youtube.com/watch?v=9HAerQPh7w&feature=emb_title

February 2020: **TEDx Presenter.** “Beyond the Disarray: Hopeful Healthcare Solutions.” TEDx Connecticut College, February 29, 2020. https://www.youtube.com/watch?v=EHgq8_kqbz4

February 2020: **Presenter.** “The Affordable Care Act: A Case Study of Public Policy.” Professor Grossel’s Public Health Seminar, Connecticut College, February 14, 2020.

February 2020: **Discussant.** “How to craft a convincing narrative for tenure and promotion.” Talking the Profession, CTL, Connecticut College, February 26th, 2020.

November 2019: **Presenter.** “Coffee with Coach: How did I get here?” Unity House, Connecticut College. November 11, 2019.

October 2019: **Presenter:** “On Caregiving Gender, Relationship and Culture: An Opportunity to Strengthen our Caregiver Support System.” Professor Rotramel’s Sex/Work course, Connecticut College, October 8, 2019.

May 2019: **Presenter.** “On the Economics of Aging: An Opportunity to Strengthen our Caregiver Support System.” Reunion Weekend, Connecticut College, May 31, 2019.

May 2019: **Discussant.** “*Mid-Career Faculty Success*.” Camp Teach and Learn, Connecticut College, May 23, 2019.

February 2019: **Panelist.** “*How to help untenured colleagues get tenure*.” Connecticut College. February 18th, 2019.

May 2018: **Keynote speaker.** “*What My Students Have Taught Me: A reflection*.” Honors and Awards Ceremony. Connecticut College. May 1, 2018.

April 2018: **Presenter.** “*Health Economics and Public Health*.” Public Health Seminar. Connecticut College. April 13, 2018.

April 2018: **Event organizer** Committee on the Status of Faculty Women (CSFW). “Academic career building: an open conversation”, by Joyce Jacobsen, Wesleyan University Provost. Connecticut College. April 2, 2018.

Assistant Professor (n=6)

November 2017: **Presenter:** “Why I am who I am.” Presidential Scholars Program, Connecticut College. November 7, 2017.

April 2017: **Presenter:** “The Affordable Care Act during the Trump Administration.” Connecticut College Democrats, Connecticut College, April 11th, 2017.

November 2016: **Presenter:** “Health Care Policies of the 2016 U.S. Presidential Candidates.” Pie and Charts: Pre-election roundtable with economics department faculty. Connecticut College, November 1, 2016.

February 2015: “Remitting Behavior of Hispanics in the United States.” Pie and Charts Spring 2015 Economics Lecture Series,

Connecticut College. February 12, 2015.

April 2014: “The U.S. Health Care Economy and ‘Obamacare’: Any hope for reform?” Event organized by the Connecticut College Democrats Club. Connecticut College, April 16th, 2014.

October 2011: “Between a Rock and a Hard Place”. Hispanics’ Remittances in New London, CT as a function of their gender and identity. Collaboration with María Cruz-Saco, Yongjin Park and Matthew Murdock ’13. Economics Seminar, October 13th, 2011.

MEMBERSHIPS and AFFILIATIONS (n=12)

Alzheimer’s Association, Connecticut Chapter: Community Educator

American Association of University Professors (AAUP)

American Economic Association (AEA)

American Society on Aging (ASA)

American Society of Health Economists (ASHEcon)

American Society of Hispanic Economists (ASHE)

Gerontological Society of America (GSA) & Economics of Aging Interest Group

Michigan Center on Contextual Factors in Alzheimer’s Disease (MCCFAD), University of Michigan

National Institute of Minority Health Disparities (NIHMD), National Institutes of Health (NIH)

Resource Centers for Minority Aging Research (RCMAR), National Institute on Aging (NIA)

University of Connecticut Aging Center

University of Connecticut Health Disparities Institute